

SUNSMART POLICY

1 RATIONALE:

The purpose of the Sunsmart policy is to raise awareness in the school community of the causes of skin cancer and to promote desirable strategies for minimising the effects of ultra-violet radiation and prolonged exposure to the sun.

2. AIMS:

- 2.1 To minimise the effects on staff and children of exposure to the sun.
- 2.2 To educate parents and children of the strategies by which exposure and its effects can be minimised.
- 2.3 To regularly reinforce positive behaviours in regard to sun exposure.
- 2.4 To make arrangements within the school which minimise the time which children and staff are exposed to the sun in peak ultra-violet periods.
- 2.5 To ensure the provision of adequate shaded areas for the children.
- 2.6 To integrate programs on skin cancer and other Sunsmart issues into the Health Education program in classrooms.

3. IMPLEMENTATION:

- 3.1 The Sunsmart policy is principally the responsibility of the Health and Physical Education Committee.
- 3.2 The Sunsmart policy will operate with the guidance and assistance of literature and other information from the Anti-Cancer Council. Relevant sections of the Health and Physical Education Section of AusVELS will be used to reinforce being Sunsmart.
- 3.3 The Sunsmart policy will operate throughout the year but certain aspects of guidelines will be emphasised during terms one and four.
- 3.4 The Sunsmart Policy will operate under the directions included in the School Dress Code. The following guidelines will also apply:
 - Newsletter articles will provide reminders of our Sunsmart policy, especially in Terms 1 & 4.
 - When enrolling children parents will be informed of our Sunsmart policy, especially the wearing of hats in Terms 1 & 4.
 - Class lessons at each level within the Health Education program should emphasise the desirability of appropriate clothing, behaviour and protective items during the periods when ultra-violet radiation is at its most dangerous.
 - Students should be encouraged to wear appropriate hats and sunscreen when participating in outdoor activities. In Terms 1 & 4 the wearing of hats will be compulsory for all outdoor activities.

- Staff will act as role models in demonstrating desirable habits and wearing of suitable clothing and hats.
- Students will be encouraged to use available shade areas when appropriate.

3.7 It is the responsibility of staff, under the direction of the School Council, to implement the Uniform Policy. Aspects of the Uniform policy relate directly to the Sunsmart policy and it is the responsibility of the parents of the children to ensure their children are provided with appropriate clothing.

4. EVALUATION:

This policy will be reviewed as part of the school's review cycle.