



OPEN THURSDAY AND FRIDAY

Ordering online through QKR, download the APP in the App Store or Google Play

MANUAL ORDERING IS STILL ACCEPTED

HEARTY HOT FOOD

Curly Spaghetti 97% fat free	\$4.50	☺☺☺
Macaroni Cheese 97% fat free	\$4.50	☺☺☺
Vegetarian Fried Rice 97% fat free	\$4.50	☺☺☺V
Dim Sims Steamed	\$1.00	☺☺☺
Potato Scallop - recess only	\$1.00	☺☺
Hot Noodles Chicken or Beef	\$3.00	☺☺
Chicken crumbed tender	\$2.10	☺☺GF
Hot Dog	\$3.60	☺☺
Beef Cheese Burger with Lettuce and Sauce	\$5.00	☺☺☺
Chicken and Cheese Burger with Lettuce & Mayo	\$5.00	☺☺☺
Gluten Free Hot Dog (no roll)	\$3.00	☺☺GF
Chicken Breast Nugget - Bag of 3	\$3.50	☺☺
Chicken Breast Nugget - Bag of 6	\$6.00	☺☺
Corn Cobbette	\$1.00	☺☺☺
100% Vegetable Pastie	\$4.50	☺☺V
Lite n Up Beef Pie	\$4.50	☺☺
Lite n Up Sausage Roll	\$4.00	☺☺
Lite n Up Snack Party Pie	\$1.00	☺☺

All pies heart foundation approved, low GI, reduced fat

SUPER SANDWICHES AND SALADS

		Sandwich	
Vegetite	\$2.10	☺☺☺V	
Cheese	\$2.30	☺☺☺V	
Ham (97% fat free)	\$3.00	☺☺	
Ham (97% fat free) and Salad	\$4.00	☺☺	
Ham & Cheese	\$3.50	☺☺	
Roast Chicken	\$3.50	☺☺☺	
Roast Chicken & Salad	\$4.50	☺☺☺	
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$3.50	☺☺☺V	
Egg & Lettuce	\$2.80	☺☺☺V	
Rolls or Wraps extra	\$0.60		
All sandwiches on wholemeal bread			
White/Multigrain bread available on request			
FRESH MADE SALAD BOXES			
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$4.50 Regular	☺☺☺GF	
Add beetroot	\$0.50		
Add egg	\$0.50		
Add Chicken or Ham	\$1.00		

TASTY JAFFLES

Baked Bean and Cheese	\$3.40	☺☺☺V
Spaghetti	\$3.00	☺☺☺V
Cheese	\$3.00	☺☺☺V
Ham and Cheese	\$4.00	☺☺☺

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.30	☺☺
LUNCH BAGS	\$0.20	

Preferred Payment Method



This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

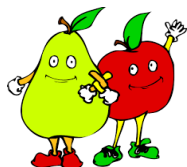
SPECIAL SNACKS

Popcorn, Sea Salt or Slightly Sweet	\$1.60	☺☺GF
Chips Honey/Soy	\$1.60	☺☺
Chips Sea Salt	\$1.60	☺☺GF
Home Style Cookies	\$2.20	☺☺
Gingerbread	\$1.60	☺☺
Ovalteenies	\$1.20	☺☺
Homemade Mini Muffin	\$1.00	☺☺
Veggie Cup with Dip	\$2.00	☺☺☺GF
Seasonal Fruit Cup	\$2.00	☺☺☺GF
Veggie Crackers BBQ/Cheese	\$1.00	☺☺GF

DRINKS

600ml Water	\$2.00	☺☺☺GF
250ml Milk (Reduced Fat)	\$2.70	☺☺☺GF
Chocolate, Strawberry		
100% Fruit Juice 250ml	\$2.70	☺☺☺GF
Apple or Tropical		
Aqua Fruits Flavoured Springwater	\$2.70	☺☺GF
Orange, Blue Heaven, Apple Raspberry or Lemonade		

- ☺☺☺ Every Day Foods
- ☺☺ Select Carefully foods
- V Denotes Vegetarian
- GF Denotes Gluten Free.



FROZEN TREATS

Frozen 100% Juice Tubes	\$1.00	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$1.70	☺☺☺GF
Frozen Pineapple, Watermelon or Orange Slice	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or Mango/W'Melon	\$3.00	☺☺☺GF
Streets Choc Shake Cup	\$2.30	☺☺
Streets Paddle Pop Rainbow	\$2.00	☺☺

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG

Bring lunch bag back to canteen to pick up your ordered frozen treat

TURN OVER FOR OUR SPECIAL MEAL DAYS

EVERYDAY SPECIAL LUNCH PACK

Salad Sandwich		
Slice of Fruit	\$5.50	☺☺☺
Mini Muffin		
Water		